



# The SUNFRESH Series

116 23<sup>rd</sup> Street, Pittsburgh, PA 15222  
 Phone: 412-391-7532  
 Fax: 412-391-7995  
[www.sunfreshfoodservice.com](http://www.sunfreshfoodservice.com)

## CHECK OUT THIS WEEK'S SPECIALS!

11 LB. CLUSTER TOMATOES  
\$12.75



50 LB. #2 IDAHO  
POTATOES \$16.75



6 CT. GOLDEN PINEAPPLES  
\$17.75



10 LB. YELLOW HOT  
PEPPERS \$17.75



FIND US ON SOCIAL MEDIA!



[HTTPS://WWW.FACEBOOK.COM/  
SUNFRESHFOODSERVICE/](https://www.facebook.com/SUNFRESHFOODSERVICE/)



[HTTPS://WWW.INSTAGRAM.COM/  
SUNFRESHFOODSERVICE/](https://www.instagram.com/SUNFRESHFOODSERVICE/)

WE LOVE OUR CUSTOMERS. DO YOU LOVE US?

USE THE QR CODE OR THE LINK BELOW  
TO LEAVE US A 5-STAR REVIEW ON GOOGLE AND RECEIVE  
10% OFF YOUR NEXT ORDER! (MAKE SURE WE KNOW WHAT COMPANY YOU ARE  
IN THE REVIEW SO WE CAN APPLY IT TO YOUR ORDER!)

[HTTPS://TINYURL.COM/SUNFRESHREVIEW](https://tinyurl.com/sunfreshreview)














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## PITTSBURGH WEATHER FORECAST *COURTESY OF [WEATHER UNDERGROUND](#)*

Sat 5/24	Sun 5/25	Mon 5/26	Tue 5/27	Wed 5/28	Thu 5/29	Fri 5/30	Sat 5/31	Sun 6/1
64°   43°F	67°   44°F	73°   52°F	71°   55°F	65°   59°F	69°   58°F	72°   58°F	75°   57°F	74°   60°F
								
AM Clouds/PM Sun	AM Clouds/PM Sun	Mostly Sunny	PM Showers	Showers	Showers	PM Showers	AM Showers	Partly Cloudy

## PRODUCE NEWS & UPDATES

ARTICLE & PHOTO COURTESY OF:

PRODUCE NEWS

### Land of opportunity: Carolina growers thrive with diverse crops and conditions

Growers have embraced change by expanding varieties and adapting for the future.

The Carolinas are unique states for growing fresh produce. The region represents a lot of climate and topographical diversity in a small space. Whether north or south, this diversity forces growers to be creative, adaptable and future-focused to meet evolving consumer demands in the face of sometimes unforgiving settings.

North Carolina boasts several high ranks across different types of fresh produce. It is the nation's top producer of sweetpotatoes, its official state vegetable, for example. According to 2023 cash receipts (most recent complete USDA data), the state ranked fifth in the nation for blueberries, fresh and processing cucumbers and peanuts; sixth in the nation for other cucumbers, bell peppers and pumpkins; and seventh in the nation for squash and watermelons. The state's success with many different produce owes a lot to its physical variety. "North Carolina is so fortunate and blessed that we have so many different topographies and soil types, as well as climate zones, in our singular state," said Michelle Grainger, executive director of the North Carolina Sweetpotato Commission.

[For complete article, checkout our facebook page.](#)

## FEATURED BUSINESS: WE ❤️ OUR CUSTOMERS!

In appreciation for their patronage, each week we feature a different business.  
We encourage our customers to check out and support all of those that we service!



### SUPPORT LOCAL BUSINESSES!

Informal seafood restaurant offering a loftlike, vibrant setup for sampling sushi & daily catches.

2208 Penn Ave, Pittsburgh, PA 15222

(412) 434-7200

CHECK THEM OUT ONLINE! [HTTPS://PENNAVEFISHCOMPANY.COM/](https://pennavefishcompany.com/)