



The
SUNFRESH
Series

116 23rd Street, Pittsburgh, PA 15222
Phone: 412-391-7532
Fax: 412-391-7995
www.sunfreshfoodservice.com

CHECK OUT THIS WEEK'S SPECIALS!

11 LB. CLUSTER TOMATOES
\$12.75



25 LB. BUSH RED
PEPPERS \$24.75



50 LB. CARROTS
\$28.75



10 LB. FOOD SERVICE
MUSHROOMS \$19.75



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WE LOVE OUR CUSTOMERS. DO YOU LOVE US?

USE THE QR CODE OR THE LINK BELOW
TO LEAVE US A 5-STAR REVIEW ON GOOGLE AND RECEIVE
10% OFF YOUR NEXT ORDER! (MAKE SURE WE KNOW WHAT COMPANY YOU ARE
IN THE REVIEW SO WE CAN APPLY IT TO YOUR ORDER!)

[HTTPS://TINYURL.COM/SUNFRESHREVIEW](https://tinyurl.com/sunfreshreview)













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PITTSBURGH WEATHER FORECAST *COURTESY OF* WEATHER UNDERGROUND

Sun 10/5	Mon 10/6	Tue 10/7	Wed 10/8	Thu 10/9	Fri 10/10	Sat 10/11	Sun 10/12
83° 55°F	83° 62°F	75° 55°F	63° 41°F	63° 41°F	68° 45°F	69° 46°F	70° 45°F
							
Sunny	Mostly Sunny	PM Rain	AM Showers	Sunny	Partly Cloudy	AM Showers	Partly Cloudy

PRODUCE NEWS & UPDATES

ARTICLE COURTESY OF:

THE PACKER

Sowing Success: Growers Say the Buckeye State is an 'Underrated' Hub for Vegetable Production

While "Ohio is for lovers" might be an unofficial travel slogan, the state's rich soil, temperate climate and location make it an ideal location for growing vegetables.

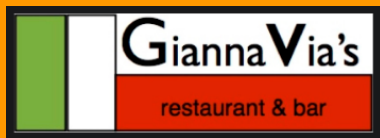
While Ohio might be known for its corn and soybean production, those who work in the fresh produce industry say the Buckeye State is also well suited for vegetable production. Laxmi Tota, marketing manager at DNO Produce, a family-owned provider of fresh-cut and bulk produce in Columbus, Ohio, said USDA data shows the state boasts about 14.9 million acres of farmland, with about 44% of the state's total land in agriculture, making it one of the state's top-performing industries.

"Ohio is an excellent place to grow vegetables thanks to its abundant farmland, favorable climate, and rich soil," she said. While agriculture might make up a significant portion of the state's economy, consumers don't think of Ohio as a vegetable-growing state, said Chad Buurma, president of Willard, Ohio-based Buurma Farms. "Vegetables in Ohio is kind of underrated, where people don't think about Ohio," Buurma said. "You've got five months in June through November where you're going to get a really fresh product, and it's going to be in your backyard. And if we can get that image out there that, hey, Ohio is for real when it comes to vegetables, it's going to be just great for the state."

[For the rest of the article, please check out our facebook page.](#)

FEATURED BUSINESS: WE ❤️ OUR CUSTOMERS!

In appreciation for their patronage, each week we feature a different business.
We encourage our customers to check out and support all of those that we service!



SUPPORT LOCAL BUSINESSES!

Locally-owned eatery providing thin-crust pizzas,
Italian plates & breakfast in a casual setting

5301 Grove Road,
Pittsburgh, PA 15236
(412)-882-6500

CHECK THEM OUT ONLINE! [HTTPS://GIANNAVIA.COM/](https://giannavia.com/)