



The **SUNFRESH** Series

116 23rd Street, Pittsburgh, PA 15222
Phone: 412-391-7532
Fax: 412-391-7995
www.sunfreshfoodservice.com

CHECK OUT THIS WEEK'S SPECIALS!

25 LB. MEDIUM GREEN PEPPERS \$18.75



12 - 6OZ. BLACKBERRIES \$23.75



50 LB. BOX CABBAGE \$16.75



12 CT. GRAPE TOMATOES \$17.75



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WE LOVE OUR CUSTOMERS. DO YOU LOVE US?

USE THE QR CODE OR THE LINK BELOW TO LEAVE US A 5-STAR REVIEW ON GOOGLE AND RECEIVE 10% OFF YOUR NEXT ORDER! (MAKE SURE WE KNOW WHAT COMPANY YOU ARE IN THE REVIEW SO WE CAN APPLY IT TO YOUR ORDER!)

[HTTPS://TINYURL.COM/SUNFRESHREVIEW](https://tinyurl.com/sunfreshreview)














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PITTSBURGH WEATHER FORECAST COURTESY OF *WEATHER UNDERGROUND*

Sat 4/27	Sun 4/28	Mon 4/29	Tue 4/30	Wed 5/1	Thu 5/2	Fri 5/3	Sat 5/4	Sun 5/5
77° 63°F	83° 62°F	85° 65°F	74° 58°F	81° 60°F	84° 64°F	78° 58°F	69° 52°F	69° 52°F
								
AM Showers	Partly Cloudy	Partly Cloudy	Thunderstorms	Partly Cloudy	Partly Cloudy	Scattered Thunderstorms	Showers	Partly Cloudy

PRODUCE NEWS & UPDATES

ARTICLE COURTESY OF:

THE PACKER

Study examines connection between fruit and vegetable consumption and sleep

Good-quality spring table grapes now are arriving from Mexico's Jalisco growing area, and U.S. grape shipments from California's Coachella Valley should get started in May. Last year, Mexican growers sent about 25 million 18-pound boxes of table grapes to the U.S., said John Pandol, director of special projects for Delano, Calif.-based Pandol Bros. Inc. and chairman of the grape division of the Nogales, Ariz.-based Fresh Produce Association of the Americas.

The official estimate for this year had not been released as of press time, but Pandol predicted that volume will be between 22 million and 24 million boxes. Growers decided to launch an early grape deal in Jalisco about five years ago when they realized that producers in similar tropical climates — like Brazil, North Peru and India — were able to grow good-quality table grapes, Pandol said. This year, the program was underway by April 1. The traditional Sonora crop out of Mexico should start by May 6. Grapes from California ship from May to January and represent 99% of all commercially grown table grapes in the U.S., said Kathleen Nave, president of the Fresno-based California Table Grape Commission. The California harvest begins in the Coachella Valley in late spring and moves north to the San Joaquin Valley by mid-July.

[For complete article, checkout our facebook page.](#)

FEATURED BUSINESS: WE ❤️ OUR CUSTOMERS!

In appreciation for their patronage, each week we feature a different business. We encourage our customers to check out and support all of those that we service!



SUPPORT LOCAL BUSINESSES!

Buena Tarde delights diners with a fusion of culinary creativity, offering a palate-pleasing experience in a charming ambiance.

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