



# The SUNFRESH Series

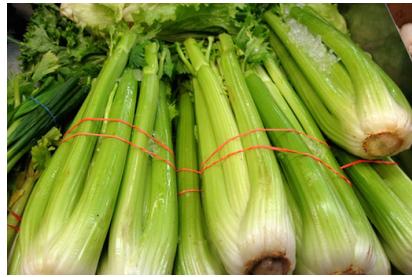
116 23<sup>rd</sup> Street, Pittsburgh, PA 15222  
 Phone: 412-391-7532  
 Fax: 412-391-7995  
[www.sunfreshfoodservice.com](http://www.sunfreshfoodservice.com)

## CHECK OUT THIS WEEK'S SPECIALS!

15 LB. HYDRO TOMATOES  
\$22.25



24 CT NAKED CELERY  
\$46.00



24 CT CUCUMBERS  
\$16.25



140 LEMONS  
\$32.00



FIND US ON SOCIAL MEDIA!

[https://www.facebook.com/  
sunfreshfoodservice/](https://www.facebook.com/sunfreshfoodservice/)



[https://www.instagram.com/  
sunfreshfoodservice/](https://www.instagram.com/sunfreshfoodservice/)

WE LOVE our CUSTOMERS. Do you love us?

USE THE QR CODE OR THE LINK BELOW  
 TO LEAVE US A 5-STAR REVIEW ON GOOGLE AND RECEIVE  
**10% OFF YOUR NEXT ORDER!** (MAKE SURE WE KNOW WHAT COMPANY  
 YOU ARE IN THE REVIEW SO WE CAN APPLY IT TO YOUR ORDER!)

<https://tinyurl.com/sunfreshreview>





# The SUNFRESH Series

116 23<sup>rd</sup> Street, Pittsburgh, PA 15222  
 Phone: 412-391-7532  
 Fax: 412-391-7995  
[www.sunfreshfoodservice.com](http://www.sunfreshfoodservice.com)

## PITTSBURGH WEATHER FORECAST COURTESY OF WEATHER UNDERGROUND

Sun 2/8	Mon 2/9	Tue 2/10	Wed 2/11	Thu 2/12	Fri 2/13	Sat 2/14	Sun 2/15
21°   -1°F  Partly Cloudy	28°   17°F  Partly Cloudy	48°   34°F  Mostly Cloudy	39°   26°F  AM Rain/Snow Showers	34°   23°F  Mostly Cloudy	38°   24°F  Mostly Cloudy	35°   22°F  Rain/Snow Showers	34°   22°F  Few Snow Showers

## PRODUCE NEWS & UPDATES

ARTICLE COURTESY OF:

THE PACKER

### As Women Farmers Rise, Organic Agriculture Leads the Way

Census of Agriculture data and the experience of farmer and advocate Kate Mendenhall show how organic production has become a welcoming space for women producers as they expand their influence in ag.

With the United Nations' designation of 2026 as the International Year of the Woman Farmer shining a global spotlight on women in agriculture, census data underscores just how central women have become to the future of U.S. farming, particularly in organic production.

According to the most recent Census of Agriculture, more than half of U.S. farms report having at least one female decision-maker, with women accounting for 36% of all producers and 41% of beginning farmers. Their presence is even stronger in organic agriculture, where women are primary operators on 18% of organic farms compared to 14% of conventional operations, a gap that highlights organic's appeal as an entry point and long-term career path for women.

Those numbers reflect a steady increase over the past few decades, a trend Kate Mendenhall, executive director of the Organic Farmers Association and owner-operator of Okoboji Organics in northwest Iowa, sees firsthand. She attributes part of the growth to changes in how the ag census asks who actually makes decisions on farms, whereas earlier surveys often listed only one operator, newer approaches better capture farm operations as team efforts, bringing women's roles into clearer view.

[For the rest of the article, please check out our facebook page.](#)

## FEATURED BUSINESS: WE ❤️ OUR CUSTOMERS!



In appreciation for their patronage, each week we feature a different business. We encourage our customers to check out and support all of those that we service!

### SUPPORT LOCAL BUSINESSES!

Long-running local joint with drinks & a menu that includes classic pizza, hoagies & gyros.

6001 Penn Ave,  
 Pittsburgh, PA 15206  
[\(412\) 363-1250](tel:(412)363-1250)

CHECK THEM OUT ONLINE! [HTTPS://WWW.CAPRIPIZZERIABAR.COM/](http://HTTPS://WWW.CAPRIPIZZERIABAR.COM/)