



The **SUNFRESH** Series

116 23rd Street, Pittsburgh, PA 15222
Phone: 412-391-7532
Fax: 412-391-7995
www.sunfreshfoodservice.com

CHECK OUT THIS WEEK'S SPECIALS!

12 PINT GRAPE TOMATOES
\$17.75



50 LB. CARROTS
\$26.75



5 LB. PEELED GARLIC
\$19.75



1 LB. BASIL
\$10.75



FIND US ON SOCIAL MEDIA!

[HTTPS://WWW.FACEBOOK.COM/SUNFRESHFOODSERVICE/](https://www.facebook.com/sunfreshfoodservice/)



[HTTPS://WWW.INSTAGRAM.COM/SUNFRESHFOODSERVICE/](https://www.instagram.com/sunfreshfoodservice/)

WE LOVE OUR CUSTOMERS. DO YOU LOVE US?

USE THE QR CODE OR THE LINK BELOW
TO LEAVE US A 5-STAR REVIEW ON GOOGLE AND RECEIVE
10% OFF YOUR NEXT ORDER! (MAKE SURE WE KNOW WHAT COMPANY
YOU ARE IN THE REVIEW SO WE CAN APPLY IT TO YOUR ORDER!)

[HTTPS://TINYURL.COM/SUNFRESHREVIEW](https://tinyurl.com/sunfreshreview)





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PITTSBURGH WEATHER FORECAST COURTESY OF [WEATHER UNDERGROUND](#)

Sat 3/14 49° 39°F  Partly Cloudy	Sun 3/15 70° 57°F  AM Clouds/PM Sun	Mon 3/16 62° 23°F  Rain	Tue 3/17 30° 22°F  Cloudy	Wed 3/18 41° 35°F  Mostly Cloudy	Thu 3/19 55° 39°F  Mostly Cloudy	Fri 3/20 59° 42°F  AM Clouds/PM Sun	Sat 3/21 54° 32°F  Mostly Cloudy	Sun 3/22 48° 30°F  Partly Cloudy
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PRODUCE NEWS & UPDATES

ARTICLE COURTESY OF: [THE PACKER](#)

California Avocado Commission Celebrates Female Growers' Impact on Industry

To commemorate the International Year of the Woman Farmer, the commission is highlighting these contributions of these California growers.

Within the California avocado industry, women are playing an increasingly influential role across production, handling, sales, marketing and strategic leadership. Their expanded presence reflects a broader shift toward diversified leadership and forward-looking business practices that support reliable supply, sustainability and continued category growth for retail and foodservice partners alike.

Recognizing the growing impact of women in agriculture worldwide, the United Nations has designated 2026 as the International Year of the Woman Farmer. The U.S.-led resolution supported by 123 countries is also backed by the California Avocado Commission as part of its ongoing commitment to leadership and sustainability in the produce industry. Further support of women's advancement across all fields was highlighted through International Women's Day (March 8), which celebrated the social, economic, cultural and political achievements of women.

[For the rest of the article, please check out our facebook page.](#)

FEATURED BUSINESS: WE ❤️ OUR CUSTOMERS!



In appreciation for their patronage, each week we feature a different business. We encourage our customers to check out and support all of those that we service!

SUPPORT LOCAL BUSINESSES!

Bluebird Kitchen is a bakery café and caterer with two locations in Downtown Pittsburgh serving breakfast and lunch and offering breakfast, lunch, and specialty catering services to corporate and private clients.

221 Forbes Avenue
 Pittsburgh, PA
 15222
 (412)-642-4414

CHECK THEM OUT ONLINE! [HTTPS://BLUEBIRDKITCHEN.COM/](https://bluebirdkitchen.com/)